Hospital Nursing Jobs not the only Avenue for Nursing

For years, hospital nursing was considered an economically immune position. In other words, no matter what happened with the economy, professional nurses generally had nothing to be concerned about regarding their positions.

This year, following several months of regulatory changes, cutbacks, insurance company reviews and many other questions regarding healthcare reform, nurses find themselves in a precarious position. Staffing shortages caused by poorly staffed nursing pools, lower staffing-to-patient ratios, and decreases in hiring have created uncertainty and unease within the nurse work force.

In the past, nursing has generally been separated by tasks, or groups of career categories, i.e. obstetric, ICU, geriatrics, pediatric, etc. Now, many nurses find themselves shifted to other departments to offset the increase in patient- to-nurse ratios, partially caused by an inadequate number of patient admissions , shorter hospital stays, and a decreased number of patients with insurance, all of which cause a decrease in overall revenue that greatly impacts nursing services.

Hospital nursing jobs offer many nurses at least some flexibility in job change positions so they may continue to earn full time paychecks. However, since nurses are now ‘expected’ to cross-train in different specialties to fulfill staffing requirements, they must also deal with increased levels of stress and uncertainty in the workplace. While most nurses are very capable of doing what used to be known as ‘float’ nursing, many still wish to stay within their specialty or skill set, not only due to their own ‘comfort levels’ but also their passion for the specific position they hold.

**The Evolution of a New Trend in Nursing**

A new form of nursing has evolved in response to the unsure future of nursing as we have known it. This new trend offers a true balance of nursing care to individuals in the community who find themselves falling through the cracks of healthcare either because of job loss, lack of insurance or other economic reasons.

RN Health coaching offers nurses freedom from policy-ridden staffing situations, wage freezes, low censuring practices, and insecurity by empowering the nurse to work without restrictions.

This new culture sets the tone for RNs. Health coaching is gaining ground and moving to the forefront of healthcare as many individuals are unable to afford or have a lack of insurance. Therefore, prevention of illness is vital. Individuals, families and even businesses seek knowledgeable healthcare professionals to coach them on healthy lifestyle practices.

**Improving Scope of Care**

Moving beyond the basics, RN Health coaches build upon a holistic treatment plan, not only in treating symptoms, but also focusing on proper diet, activity levels, and mental and emotional health need in family or business practice environments outside hospital walls.

RN Health coaching has focused on the very foundation of nursing; allowing the RN the freedom to use his or her skills as they were meant to be used. Nurses can continue to specialize in their respective fields as well. In addition to diet, fitness, and emotional needs, the healthcoach may also specialize in cardiac, gastric, or other subspecialties in which she or he feels most comfortable and passionate.

Healthcoach nursing jobs are available throughout the continental U.S., with training facilities providing the additional education necessary for RNs to do what nursing does best - offering the best possible care that enables individuals to respond to their environment and maintain optimal health and wellness.

For more information visit [www.RNHealthCoach.com](http://www.RNHealthCoach.com), and www.HealthCoachJobs.com.